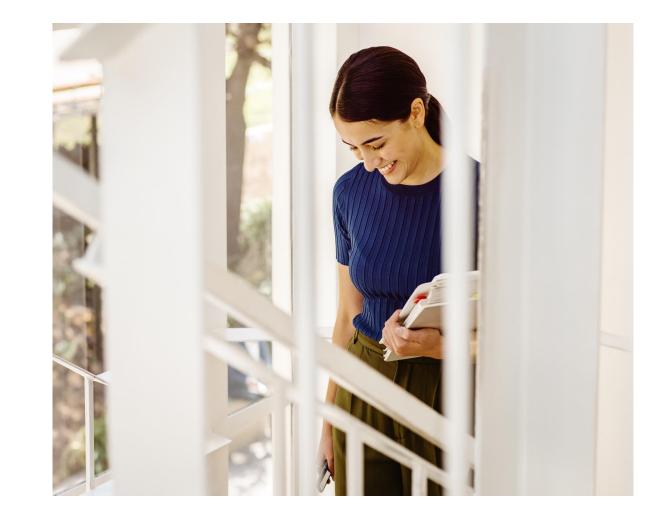
## Rimini Street& LifeWorks

## Partnership Call

### July 2021

- Rimini Street Updates
- Utilization Review
- LifeWorks Updates
- Looking Ahead



### **Rimini Street Updates**

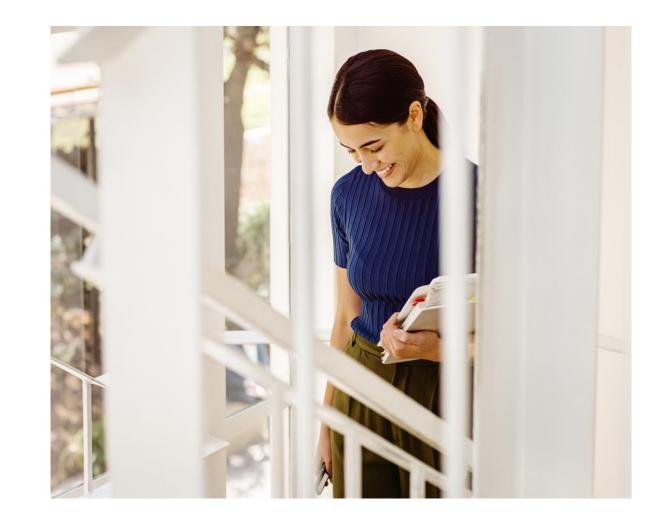
- Top Current Concerns and Goals : What are your most important goals over the next 6-12 months?
- Leadership/Vision Changes, Values, Focus
- Projects/Initiatives -as an Organization, as a Department (HR)
- Efforts & Successes
- What issues or challenges are you facing that we should be aware of? (What is keeping you up at night?)
- Are there individuals or groups within the organization that we should be engaging?
- How can we best/further support your total well-being program?





## Program Progress

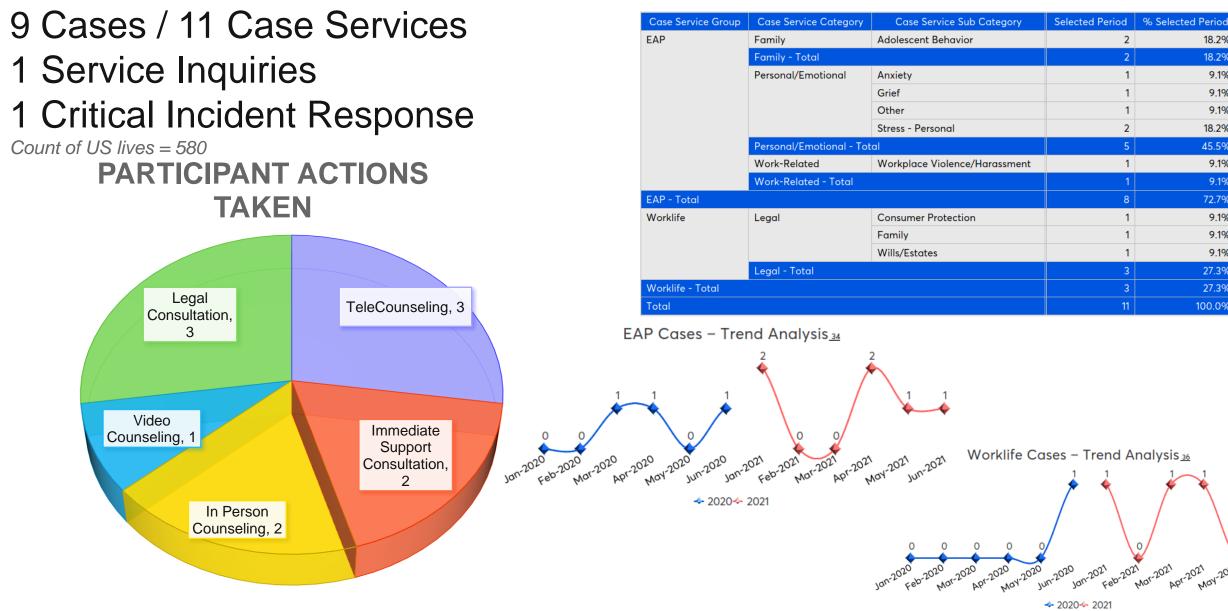
- Questions
- Issues
- Feedback





## LifeWorks Program Utilization

## USA Jan-Jun 2021 Utilization



18.2%

18.2%

9.1%

9.1%

9.1%

18.2%

45.5%

9.1%

9.1%

72.7%

9.1% 9.1%

9.1%

27.3%

27.3%

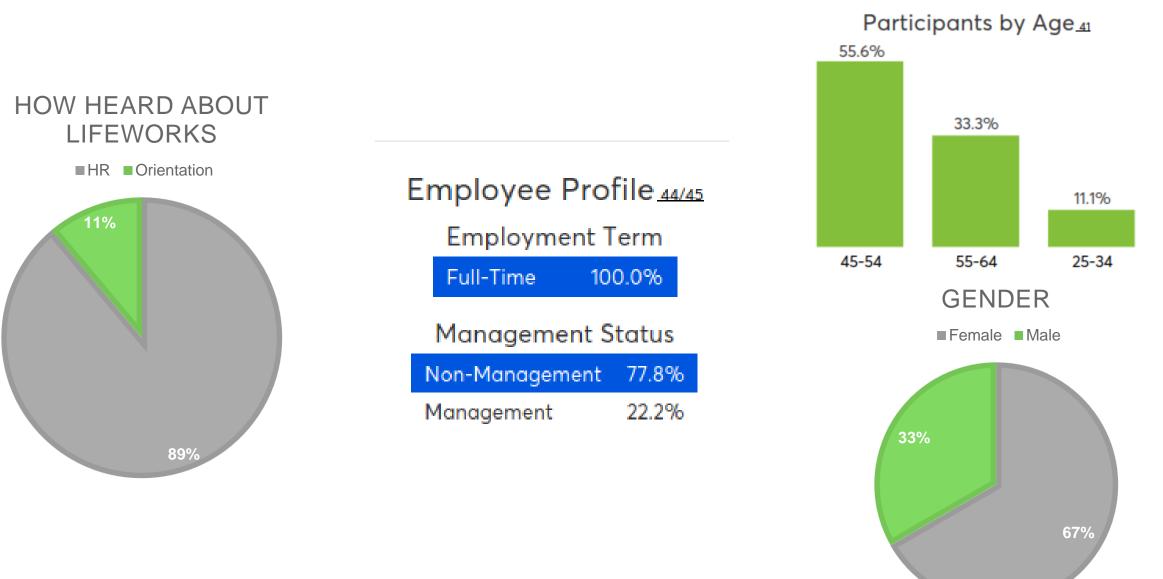
May-2021

Jun-2021

APT-2021

100.0%

## **EAP US Utilization – Demographics**



### **b**LifeWorks

## **2021 Global EAP Utilization**

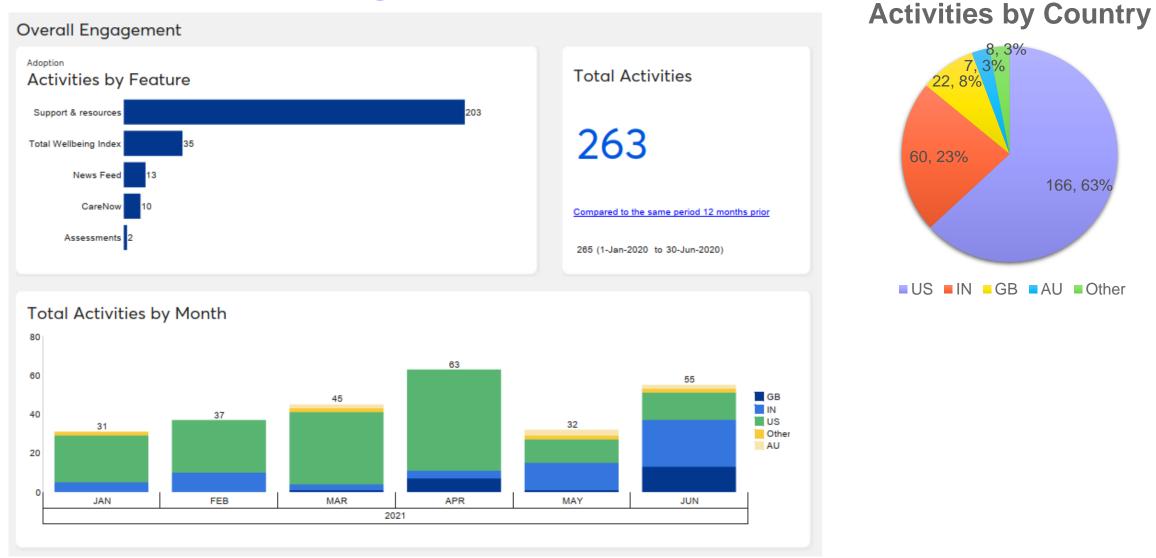
```
Canada –
Jan – Jun – 1 EAP Case
```

```
UK-
Jan – Jun – 1 EAP Case, 2 Case Services
1 Service Inquiry
```

Australia – Jan – Jun – 2 EAP Cases

## EAP Utilization – Online Platform – Jan – Jun 2021

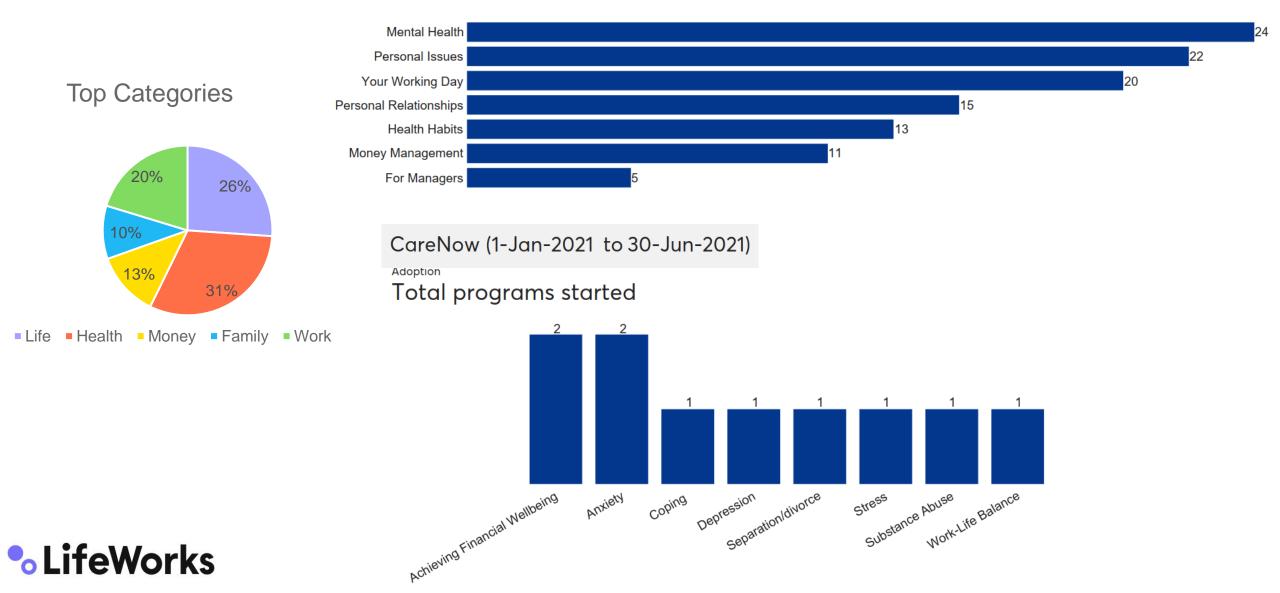
### **Current Total Colleagues on Platform: 988**



**b**LifeWorks

## EAP Utilization – Online Platform –2021

### **TOP SUBCATEGORIES**



## 2021 LifeWorks Online Utilization – Activities by Group

Group Name	Registered User Count	Assessments	CareNow	News Feed	Support & resources	Total Wellbeing Index
UNITED STATES	413	2	9	13	116	26
INDIA	253				57	
AUSTRALIA	64				3	4
UNITED KINGDOM	61		1		16	5
JAPAN	46				2	
ISRAEL	18				1	
S.KOREA	17				1	
CANADA	8				1	
FRANCE	8				1	
GERMANY	7				2	
Rimini Street, Inc.	1				3	
Undisclosed	1					

## New LifeWorks Content

## New/Updated platform content

- Overwork and Extreme Work
- Resilient Parenting: Embracing the ups and downs of parenthood
- Sibling Support: Working together to care for a parent (Video)
- Burnout Toolkit
- <u>Restoring Healthy Habits When You're Burned Out</u>
- <u>Resilience: Bouncing back from burnout</u>
- What is the Difference Between Separation and Divorce?
- Self-Care for Shift Workers
- Talking to Teens About Drugs and Alcohol
- How Empathy Helps Social Justice
- Helping Children Adjust to Their New Stepfamily
- Mental Health Myths and Facts
- Recognizing a Mental Health Issue and Getting Support



Every month, LifeWorks will release a video series, composed of five episodes that all touch on a single theme, of two minutes each. Each month we will be adding new series and expanding the library.

- Mindset for Lifestyle Change (5 Episode Video Series)
- Juggling Responsibilities (5 Episode Video Series)
- Coping with Challenges (5 Episode Video Series)
- Stronger Relationships (5 Episode Video Series)

### **2021 US Heartbeat Wellbeing Calendar**



January Creating a new financial plan for the new normal	<b>February</b> Connecting physical and mental health	<b>March</b> Working flexibly: Work, life, and productivity when working remotely	
<b>April</b>	May	<b>June</b>	
Embracing diversity	Mastering guilt-free self-care	Understanding inclusivity	
<b>July</b> Caregiving from a distance	August Building courage to change: Guidance for substance abuse	September Adapting socially: Alternative celebrations and get- togethers	
October	<b>November</b>	<b>December</b>	
Realizing sociocultural	Budget-proof holidays: Tips to	Boosting social connections	
influences on mental illness	celebrate and save	to improve mental health	

### 2021 US Biweekly Webinar Calendar

Recordings now posted on LifeWorks platform following session: <u>Biweekly</u> Webinar Recordings

### heartbeat\*\*

2021 Bi-Weekly Seminars

#### January

01/08/2021 (2pm EST) Living Off Your Paycheck during COVID19 01/22/2021 (2pm EST) Power of Volunteering

#### February

02/05/2021 (2pm EST) Psychology of Exercise 02/19/2021 (2pm EST) Loneliness

#### March

03/05/2021 (2pm EST) Benefitting From Ergonomics 03/19/2021 (2pm EST) Working with Children Home

#### April

04/09/2021 (2pm EST) Raising Children to Respect Diversity 04/23/2021 (2pm EST) How to be an Inclusive Leader

#### May

05/07/2021 (2pm EST) Self-Care 05/21/2021 (2pm EST) COVID-19: Moving Forward

#### June

06/04/2021 (2pm EST) Unconscious Bias 06/18/2021 (2pm EST) Effective Presentation and Public Speaking Skills

#### July

07/09/2021 (2pm EST) Corregiving During COVID-19 07/23/2021 (2pm EST) How to Boost Your Self-Confidence

#### August

08/06/2021 (2pm EST) Alcohol and Substance Abuse 08/20/2021 (2pm EST) Mindful Meditation

#### September

09/03/2021 (2pm EST) Holidays During COVID-19 09/17/2021 (2pm EST) Embracing Happiness

#### October

10/08/2021 (2pm EST) Suicide Prevention 10/22/2021 (2pm EST) Resilience

#### November

11/05/2021 (2pm EST) Holiday Budgeting 11/19/2021 (2pm EST) Mind Over Money

#### December

12/03/2021 (2pm EST) Relationships 12/17/2021 (2pm EST) Kindness

### <sup>2021</sup> US Quarterly Orientation Calendar

All webinars start at 1pm Eastern Time

### Managers:

- Wednesday, Feb 10th
- <u>Wednesday, April 7th</u>
- Wednesday, July 7th
- Wednesday, Oct 6th

### **Employees:**

- Wednesday, Feb 17th
- <u>Wednesday, April 14th</u>
- Wednesday, July 14th
- Wednesday, Oct 13th



## Register now for a live orientation webinar

LifeWorks can help.



#### About LifeWorks

LifeWorks blends the best user experience and clinical expertise together to help people everywhere achieve total mental, physical, social and financial wellbeing. It has both your Employee Assistance Program (EAP) and personalized wellbeing resources that can support you and your dependents with issues related to work, life, and everything in between.

- · 24/7 access to professional, caring consultants for advice and support
- 24/7 access to the hundreds of articles, recordings, quizzes, self-assessments, and more online and on our free app
- · 24/7 telephonic access to Master's-level counselors for immediate, short-term support
- · Referrals to telephonic, in-person, or secure video counseling
- Connections to support agencies in your community
- Support for people leaders, including critical incident and organizational change support.

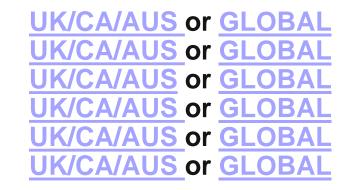
Register today to learn more about how LifeWorks can support you on your wellbeing journey!

Manager Orientation	Employee Orientation
All webinars start at 1pm Eastern Time	
Wednesday, Feb 10th EAP Managers	Wednesday, Feb 17th – EAP Employees
<u> Wednesday, April 7th – EAP Managers</u>	Wednesday, April 14th – EAP Employee Orientation
Wednesday, July 7th – EAP Managers Orientation	Wednesday, July 14th – EAP Employee Orientation
Wednesday, Oct 6th – EAP Managers Orientation	Wednesday, Oct 13th – EAP Employee Orientation

## **NEW! Global Public Orientations**

### 30 minute overview sessions

Jul 15<sup>th</sup> Aug 12th Sep 16th Oct 14th Nov 18th Dec 16th



### Welcome to LifeWorks

Register now for a live orientation webinar!



LifeWorks blends the best user experience and clinical expertise together to help people everywhere achieve total mental, physical, social and financial wellbeing. It has both your Employee Assistance Program (EFAP) and personalised wellbeing resources that can support you and your dependants with issues related to work, life, and everything in between.

LifeWorks offers support with mental, financial, physical and emotional wellbeing. Whether you have questions about handling stress at work and home, parenting and child care, managing money, or health issues, you can turn to LifeWorks for a confidential service that you can trust.

#### **Global Employee Orientations**

Thursday 15<sup>th</sup> July: 1p.m, BST Thursday 12<sup>th</sup> August: 1p.m, BST Thursday 16<sup>th</sup> September: 1p.m, BST Thursday 14<sup>th</sup> October: 1p.m, BST Thursday 18<sup>th</sup> November: 1p.m, GMT Thursday 16<sup>th</sup> December: 1p.m, GMT

#### UK. US. CAN & AUS Employee Orientations

Thursday 15<sup>th</sup> July: 3p.m. BST Thursday 12<sup>th</sup> August: 3p.m. BST Thursday 16<sup>th</sup> September: 3p.m. BST Thursday 14<sup>th</sup> October: 3p.m. BST Thursday 18<sup>th</sup> November: 3p.m. GMT Thursday 16<sup>th</sup> December: 3p.m. GMT

### LifeWorks

LifeWorks can help.

Register today to learn more about how LifeWorks can support you on your wellbeing journey!

## Free Webinar – June 23

Join us for a live free webinar on <u>Structural Discrimination and</u> <u>How it Works</u> on June 23 at 11am ET to explore the various ways in which we are all complicit, either intentionally or unintentionally, in reproducing the barriers, prejudices, and systemic norms that we have all inherited and been conditioned by within North America.

Recording available: https://vimeopro.com/user65099910/ structural-discrimination Password: webinarsd

## • LifeWorks Formerly Morneau Shepell

### Webinar Registration

Торіс	Structural Discrimination and How it Works (1hr)
Description	In this session, we will explore the socio-political and historical aspects of structural discrimination. We will take a look at the various ways in which we are all complicit, either intentionally or unintentionally, in reproducing the barriers, prejudices, and systemic norms that we have all inherited and been conditioned by within North America.
	This session will be delivered by Joseph Smith (B.A. (Hons.), B.Ed, M.Ed, PhD (ABD))
	Joseph holds an interdisciplinary doctorate which encompasses various disciplines such as philosophy, psychology, religion, literature, and the intellectual background of black consciousness. His areas of expertise include mental health, trauma/PTSD, human rights, and leadership.
	He has been highly involved with various institutions and projects such as Operation Black Vote Canada, the Black Experience Project, and the Rooted and Rising environmental activism program. Joseph's work has been motivated through his lived experience coming from an underserved racialized community and has felt privileged to work in a variety of spaces that champion inclusion and diversity.
	Please note that this session will be recorded and made available following the session.



## heartbeat\*\*

#### Welcome to the Heartbeat Webinar homepage

#### Coming Soon: EAT, SLEEP, MOVE, THRIVE

Join us in August, as we explore the features in your LifeWorks EFAP that maximize your employees' physical health. Drawing knowledge from our partners from LIFT session, Workplace Learning, and our LifeWorks platform specialists, we will explore techniques to support employee's increase their movement, eat and sleep better, and focus on their self care. We will be sharing both services included in your LifeWorks partnership as well as options to enhance your deliverables to employees. We hope you will be able to join us in August.

AUS



CA

U.S.

U.K./Global

#### Previous 2021 webinars

Watch on-demand now

May 2021

Mental Health Trends During the

**COVID-19 Pandemic** 

Watch Now





### **Next Meeting – October 12**

### **Recommendations**

- Upcoming employee comms initiatives?
- Focus on holistic well-being
- Combine LifeWorks messaging with other initiatives and offerings
- Engage affinity groups/employee resource groups
- Focus on educating and engaging managers and site leaders
- Add LW to Rimini Screensaver
- Other needs?

# Thank you.



