

Support for Senior Caregivers



When you start to care for an aging loved one, suddenly you have to navigate complex decisions, conversations and information.

Cariloop can support you with expert guidance and hands-on tools along the way.

Enroll in your Cariloop benefit to:

- ♥ **Meet with a Care Coach:** Your dedicated Care Coach can help you navigate senior living options, Medicare and Medicaid, as well as financial and legal challenges to help plan ahead.
- ♥ **Build a Support Plan:** Access tools and invite your family into the Care Portal to organize tasks, coordinate appointments, and store key caregiving documents (i.e. wills, medical directives, power of attorney) so the entire family has access to the information in one place.
- ♥ **Connect with a Community:** Explore on-demand webinars, community channels, and content to gain tips on managing stress and feel confident in your caregiving journey.

Getting started is easy:



Activate your account or log in at the URL below.



Open a case and connect with a Care Coach for expert guidance.



Access tools and a community within the Care Portal.